



Missouri Educators of Family and Consumer Sciences (MoEFCS)



Emily Daniel, President



Monday, July 21, 2025

Registration—Glass Hall 4th Floor; use elevators in the center of the building

Conference Registration Packets can be picked up at the Oasis Hotel and Convention Center on Monday from 9:00 am–5:00 pm and Tuesday from 8:00 am–2:00 pm.

| Time | Session | Speaker | Location |
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| 9:00–11:45 am | FCCLA: All of the Things STAR Events, National Programs and Integration into your Classroom Time | Beth Beattie & Kailey Grapes | Glass Hall |
| 9:00–11:45 am | Sewing Construction Lab (15 people max) Looking for a new project or just want to improve your sewing skills? In this workshop you will walk away with a completed zipper bag project ready to use in your classroom. You will have the opportunity to use some of the newest equipment on the market, including sewing and embroidery machines. Participants will be given step-by-step guidance from one of B-Sew Inn's sewing instructors. | Lisa Cook | B Sew Inn |
| 9:00–11:45 am | Spiceology with SGC Foodservice (30 people max) The food scene is a global world, how to use spices to elevate to the next level of your food. A hand on class using spiceology to recreate some classic dishes and take them to the next level. | Chef Curtis Adams | SGC Foodservice |
| 9:00 am–4:00 pm | ServSafe Manager Training & Exam (10 people max) The one-day, eight-hour course meets the requirements for a Certified Foodservice | Leone Herring | Glass Hall |

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| | <p>Manager certificate. The course integrates independent study with an in-depth knowledge of sanitation principles and explains ways to apply these principles in practical operational situations.</p> | | |
| 9:00-11:45 am | <p>All Things Middle School: Curriculum, Projects, Management of MS Classroom</p> <p>This session will cover effective classroom management strategies, adapting FCS curriculum, and hands-on projects for the middle school level. Learn how to create a structured yet engaging environment that helps students make real-world connections. Walk away with practical ideas to help improve your teaching and curriculum!</p> | Alex Newman, Tara Vignola, & Lyndsey Roseler | Glass Hall |
| 9:00-11:45 am | <p>Planning Hands-on Child Development Activities for a Preschool Lab</p> <p>This hands-on workshop will share practical strategies for a preschool lab that integrates engaging child development activities. Participants will explore age-appropriate materials and interactive lessons that promote cognitive, social, emotional, and physical growth in young children. Attendees will leave with resources and inspiration to enhance their child development curriculum with real-world, hands-on learning experiences.</p> | Kim Roam | Glass Hall |
| 9:00-11:45 am | <p>Families First Resource Showcase</p> <p>In this session, a variety of engaging strategies for teaching The Families First Unit: Dynamics & Balance will be presented. The strategies will help amp up student involvement and incorporate the 4 C's (collaboration, creativity, critical thinking and communication). Participants will walk away with "ready to use" resources with their FCS classrooms or FCCLA chapter.</p> | Kim Graybill & Darci Friberg | Glass Hall |
| 9:00 am-1:00 pm | <p>New and Returning Teachers Workshop and Luncheon</p> <p>This interactive workshop is designed for both new and returning Family & Consumer</p> | Emily Daniel | Glass Hall 486 |

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| | <p>Sciences (FCS) teachers. Participants will explore best practices for curriculum planning, classroom management, and student engagement in FCS courses. The session will cover resource-sharing, hands-on activities, and strategies for managing multiple course preparations. Attendees will also have the opportunity to network with fellow educators, discuss common challenges, and gain practical tools to enhance their teaching effectiveness. Whether you're just starting or looking for fresh ideas, this workshop will provide valuable insights and support for a successful school year.</p> | | |
| <p>Lunch is provided in Glass Hall Atrium with all morning session registrations and from 12:00-1:00 pm.</p> | | | |
| 1:15-2:05 pm | <p>Creative Interior Design: Exploring Elements & Principles</p> <p>Join us for an engaging and hands-on workshop designed specifically for Missouri Family Consumer Science teachers. In collaboration with iCEV, this session will delve into the elements and principles of interior design. Participants will engage in a dynamic lesson that includes drawing and sculpting activities. Teachers will have the opportunity to create small models of furniture out of cardboard, fostering creativity and practical application of design concepts. Additionally, we will explore the benefits of using iCEV's comprehensive platform, which offers industry certification preparation.</p> | Marilyn Allen | Glass Hall |
| 1:15-2:05 pm | <p>FCCLA Chapter Management</p> <p>Find great resources to help establish, maintain, or improve your FCCLA Chapter. We will share ideas and resources to manage officer teams, establish a program of work, get your members involved, and have fun!</p> | Kristy Christy & Amy Coleman | Glass Hall |
| 1:15-2:05 pm | <p>MSU Child Development Center Tour</p> <p>This session will provide a tour of the Child Development Center on campus.</p> | Kim Roam | Meet at the Registration Table in Glass Hall at 1:05 pm |

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| 1:15-2:05 pm | <p>Teaching FCS Year 3-5 - Getting School & Community Support in your FCS Program</p> <p>If you are in your first 3-5 years in FCS this session is for you! This session will focus on how to advocate and promote your program to students, administration and community.</p> | Eric Roller | Glass Hall |
| 1:15-2:05 pm | <p>Beyond Cooking: Expanding Classroom, Career & Community Impact with New Kids Feeding Kids RWL Projects</p> <p>This workshop is ideal for educators, instructional specialists, and administrators eager to learn about RWL with a community service outcome that empowers students and schools to address real-world challenges with empathy and resourcefulness. Participants will <i>explore new project modules</i> available through the impactful Kids Feeding Kids program, an initiative of Pete's Garden, that empower students to tackle food insecurity, respond to the environmental impact of food waste, and advocate for greater utilization of legislation that increases food rescue and food donations. Participants will leave with next steps on how to apply for access to Kids Feeding Kids resources and funding.</p> | Diane Mora | Glass Hall |
| 1:15-2:05 pm | <p>Science Theater: Bringing Digestion to Life Using Whole Class Modeling</p> <p>This session will investigate phenomenon to observe multiple organs and the role they play in the digestion of food. This modeling activity encourages observation and discussion leading to class consensus. Door prizes available.</p> | Midwest Dairy | Glass Hall |
| 1:15-2:05 pm | <p>Using Media to Teach Relationships</p> <p>Learn how to integrate pop culture & media into your interpersonal relationships class or unit! This session will explore ways to use book studies, TV shows, and movies to spark meaningful discussions on topics like healthy vs. unhealthy relationship traits, family dynamics, and more.</p> | Tara Vignola | Glass Hall |

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| 1:15-2:05 pm | <p>Generating Rubrics, Invoices, Sales Receipts and more with AutoCrat</p> <p>Autocrat is a Google extension that merges with Google Sheets and can be used to simplify your life. Autocrat can generate rubrics, invoices, sales receipts, and more. In this session I will walk you through the steps for getting started and provide examples of ways you can use it in your courses or FCCLA chapter. Come see what it can do for you!</p> | Krystle Gremaud | Glass Hall |
| 1:15-2:45 pm | <p>World Foods Labs in 43 Minutes</p> <p>In this session, participants will walk away equipped with ready to use resources for teaching world foods in a limited time period, with budget-friendly recipes for food labs using common ingredients.</p> | Kim Graybill and Darci Friberg | Glass Hall |
| 3:00-3:50 pm | MO ACTE Sessions | | Oasis Convention Center |
| 4:00-4:50 pm | MO ACTE Sessions | | Oasis Convention Center |
| 5:00-7:00 pm | <p>MoEFCS Social Hour</p> <p>Come enjoy a networking opportunity and appetizers.</p> | | <p>Springfield Brewery</p> <p>305 S Market Ave, Springfield</p> |

Tuesday, July 22, 2025

All MoACTE meetings and MoACTE Conference Registration are held at the Oasis Hotel & Convention Center, 2546 N. Glenstone Ave., Springfield.

**All MoEFCS events on Tuesday will be held at The Barley House at Moontown Crossing
3060 N. Kentwood Avenue Springfield, MO 65803**

7:00 am - 2:00 pm Missouri ACTE Conference Registration & Exhibits at Oasis Hotel & Convention Center

9:00 am-10:30 am Missouri ACTE Opening Session in Paradise Ballroom-Oasis Hotel & Convention Center

11:00 am- 12:30 pm Awards Luncheon at The Barley House at Moontown Crossing

12:30 pm-1:00 pm MoEFCS Business Meeting at The Barley House at Moontown Crossing

1:10 pm-1:30 pm 2025-2026 DESE Mentor/Protégé Meet & Greet at The Barley House at Moontown Crossing

2:00 pm-4:00 pm FCS Industry Immersion & Tours (All require pre registration)

- Chef Daniel Pliska Tantalizing Sweet Tarts Workshop @ OTC (Limit 16)
- SGC Industry Tour & Chef Demonstration: Chicken Fabrication (Limit 30)
- Fellers/SGC Retail Tour (Limit 30)
- Springfield Underground (transportation provided) (Limit 25)
- Finley Farms and Mill Tour (2:30-4:00)
- Buff City Soap (Limit 12)
- Prime Kids Learning Center (2:30-4:00) (Limit 20)
- Askinosie Chocolate (Limit 20)
- B- Sew Inn (Limit 25)

4:30 pm- 6:30 pm Missouri ACTE Awards Reception at The Barley House at Moontown Crossing

7:00 pm-9:00 pm Music BINGO Networking Dinner at The Barley House at Moontown Crossing



Show your spirit! Wear your college shirt or a FCS related shirt, jeans, and tennis shoes to Wednesday's sessions!

Wednesday, July 23, 2025

| Time | Session | Speaker | Location |
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| 8:00-8:55 | Networking Continental Breakfast | | Glass 486 |

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| | <i>Sponsored by MSU COB Merchandising and Fashion Design</i> | | |
| 8:20-8:50 | MoEFCS 2025-2026 Board Member Meeting, only 2025-2026 MoEFCS board members for conference review | Jocelyn Lowry | Glass Hall |
| 9:00-9:15 | Welcome and Conference Announcements Pick up your lunch ticket as you enter this session! | Emily Daniel | Glass 101 |
| 9:15-10:00 | DESE Update with Theresa | DESE Staff | Glass 101 |
| 10:10-11:00 | Maintaining Wellness as a Beginning Educator | Lyndsey Roseler | Glass Hall |
| 10:10-11:00 | Real World Learning in Hospitality | Rachel Mitchell | Glass Hall |
| 10:10-11:00 | Gamify Your Personal Finance Experience | Tracey Eatherton | Glass Hall |
| 10:10-11:00 | Using AI to Save You Time | Alex Collier | Glass Hall |
| 10:10-11:00 | Lab Management: Commercial and Residential | Amber Hunt | Glass Hall |
| 10:10-11:00 | Let's Talk About ProStart! | Leone Herring | Glass Hall |
| 10:10-11:00 | No Serger, No Problem! Engaging Sewing Projects | Darci Friberg | Glass Hall |
| 10:10-11:00 | Preparing Teens to Work in Today's Elementary School | Beth Beattie | Glass Hall |
| 11:10-12:00 | FCCLA in Action: Teaching Leadership | Blake Reed | Glass Hall |

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| 11:10-12:00 | Hook, Engage, and Build: Strategies for an Interactive Classroom | Amanda Sandell and Kayla Vernatti | Glass Hall |
| 11:10-12:00 | Surviving to Thriving | Destinee Pezley | Glass Hall |
| 11:10-12:00 | Designing the Future: Crafting A Creative Pathway | Barbara Hill | Glass Hall |
| 11:10-12:00 | Entrepreneurship Ventures Made Easy: Using Canva & Cheddar Up | Beth Beattie | Glass Hall |
| 11:10-12:00 | Mastering DESE Paperwork: Simplifying the Process for Success | Theresa Struempf | Glass Hall |
| 11:10-12:00 | A Recipe for Success: Integrating FCCLA STAR Events Into Culinary & Foods Classrooms | Sonora Jones | Glass Hall |
| 11:10-12:00 | Managing Your Budget | Catherine Mayberry and Lori Krug | Glass Hall |
| 12:15-1:30 (Dining Center Open Until 1:00 pm) | Networking Luncheon; included with registration fee--all are invited to attend. Lunch will be provided at Blair Shannon Dining Center on the MSU campus. Lunch tickets will be distributed on Wednesday morning at the DESE Update or available at the information table on the 4th Floor. | Blair Shannon Dining Center | |
| 1:30-2:20 | FCCLA Culinary Arts and Baking & Pastry STAR Events | Rachel Mitchell | Glass Hall |
| 1:30-2:20 | Bridging the Gap: Expanding FCSHS Work-Based Learning Opportunities & Increasing Missouri Connections Utilization | Theresa Struempf | Glass Hall |
| 1:30-2:20 | Flexibility in Resource Management | Tara Vignola | Glass Hall |
| 1:30-2:20 | Bump Up Engagement Through Differentiated Note Taking Strategies | Shelby Cobb | Glass Hall |

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| 1:30-2:20 | Fashion Sketch: Embedding FCCLA into your Classroom | Lori Krug | Glass Hall |
| 1:30-2:20 | Health & Family Education Reimagined: A Skills-Based Approach | Christy Johnson | Glass Hall |
| 1:30-2:20 | Show-Me Apprentices in FCS! | Betty Glasgow | Glass Hall |
| 2:30-3:20 | Early Childhood Professions and Best Practices | Deb Snyder | Glass Hall |
| 2:30-3:20 | Interior Design: 3D, Hands-On Projects | Kailey Grapes | Glass Hall |
| 2:30-3:20 | Cooking with Lamb in the FCS Classroom | Mo Sheep Producers, Christy Green & Dana Jenkins | Glass Hall |
| 2:30-3:20 | The Buzz: FCCLA 2025-26 | Ashley Witte | Glass Hall |
| 2:30-3:20 | Cultivating Self-Care Through Your Senses | Andrea Tarro | Glass Hall |
| 2:30-3:20 | Work Based Learning - Coffee Shop | Emalee Hernandez and Erica Lindblom | Glass Hall |
| 2:30-3:20 | Motivating Our Students: Introduction to Self Determination Theory | Rachel Cundy and Cheryl Martini | Glass Hall |
| 3:30-4:00 | Basket Drawings and Final Announcements | MoEFCS Board | Glass Hall 101 |